

ADDITIONAL INFORMATION

In addition to attending workshops, you will be added to our online community of practice listserv, through which health care professionals can post questions and information related to work being done in the tobacco cessation field. There will also be additional follow-up opportunities to build connections to enhance your professional practices.

To help increase tobacco cessation capacity in Ontario, CAMH (in conjunction with the Ministry of Health Promotion) funds registration and all travel expenses for this certificate program. A \$100.00 administrative fee applies to all participants registering for the core course.

Qualified health care professionals who work in Ontario can obtain an application form by e-mailing teach@camh.net, calling 416 535-8501 ext. 1600, or logging on to our website www.teachproject.ca



For more trainings on brief tobacco cessation interventions and further resources, please contact the TEACH team.

HOW TO REACH US

TEACH LEARNING CENTRE

175 College Street, 3rd Floor
Toronto, ON
M5T 1P7

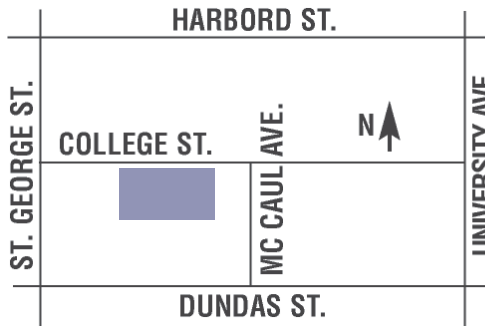
TEL: 416 535-8501 EXT. 1600

FAX: 416 599-3802

teach@camh.net

www.teachproject.ca

HOURS: MONDAY TO FRIDAY
9:00 AM TO 5:00 PM



For information on CAMH publications or to place an order, please contact:
Publication Services

Tel.: 1 800 661-1111 or 416 595-6059 in Toronto

E-mail: publications@camh.net

www.camh.net



Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale

A Pan American Health Organization / World Health Organization Collaborating Centre
Affiliated with the University of Toronto



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TEACH

Training Enhancement in Applied
Cessation Counselling and Health

TOBACCO CESSATION



THE ONTARIO TOBACCO RESEARCH UNIT
UNITÉ DE RECHERCHE SUR LE TABAC DE L'ONTARIO

The
Training
Enhancement in
Applied Cessation
Counselling and
Health
(TEACH)
Project

The Training Enhancement in Applied Cessation Counselling and Health (TEACH) Project is designed to ensure that individuals in the public, private and non-profit sectors who provide counselling services to tobacco users obtain knowledge and skill in the delivery of **intensive** cessation interventions.

WHAT WE OFFER

Our core program—called *A Comprehensive Course on Smoking Cessation: Essential Skills and Strategies*—is designed to enable health care professionals to gain access to evidence-based knowledge about tobacco use and to develop practical skills in cessation counselling. In addition to our core program, we offer supplementary courses on counselling for special populations that may need tailored approaches. These include aboriginal people; sexually diverse and gender diverse people; youth; people with concurrent disorders; people who use other substances; and pregnant women.

WHO WE ARE

The TEACH team consists of qualified professionals skilled in delivering information on tobacco and related issues. Our faculty, from across Canada, are specialists in their fields and offer participants a wealth of information in their respective areas of expertise.

“The training in smoking cessation counselling provided by CAMH was beyond my expectations. The sessions provided me with many tools and opportunities to practise my skills. The presentations were clear and concise, and were followed by rehearsal sessions with immediate feedback.” [COURSE PARTICIPANT]

HOW IT WORKS

Any interested health care professional in Ontario can apply to take this certificate program. To receive your full certificate of completion you will be required to complete the following:

- **Pre-requisite:** Completion of the OTRU’s new online course, *Tobacco and Public Health: From Theory to Practice*. The course takes approximately six to eight hours and can be completed in stages at your convenience. Information on this course will be made available to all applicants accepted into the core course.
- **A three-day core course** (*A Comprehensive Course on Smoking Cessation: Essential Skills and Strategies*) plus an assessment of learning.
- **One specialist course** relating to a specific population (two days) plus an assessment of learning.



TEACH OBJECTIVES

- ⇒ To offer accessible, clinically relevant curricula to a broad range of health practitioners.
- ⇒ To disseminate empirically valid clinical tools and protocols for use in diverse clinical settings, with diverse client populations.
- ⇒ To develop mechanisms for sustainable knowledge transfer and exchange (e.g., maintaining a registry of trained professionals who can act as mentors to those new to the cessation field; moderating a cessation counselling listserv; and offering regular case reviews using distance education technology) leading to the development of a “community of practice” in cessation treatment.
- ⇒ To carry out a rigorous program evaluation to determine the impact on practitioner behaviour and treatment capacity in Ontario.

Upon completion of all requirements of the Certificate Program, you will receive a “Certificate of Completion in Continuing Education in Intensive Tobacco Cessation Interventions” from the University of Toronto.